Vision Montessori - Crestview

September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	**2**	**3**	**4**	**5**
Labor Day Holiday	Italian Whole Grain Cavatappi Pasta w/ Vegetarian Meatless Sauce ½ c Hot Cooked Broccoli ¼ c Veggie: Cavatappi w/ Marinara Fresh or Chilled Fruit	Seasoned Chicken Fajita 2 oz Whole Grain Tortilla 1 ea w/ Cheddar Cheese Sweet Yellow Corn ¼ c Veggie: Refried Beans & Tortilla Fruit or Chilled Fruit	Whole Grain Breaded Chicken Tenders 3 ea Hot Mixed Vegetables ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Garlic Butter Sauce Rainbow Tortellini Pasta Blend Topped w/ Parmesan Cheese ½ c Hot Sweet Baby Peas ¼ c Veggie: Garlic Butter Sauce Rainbow Tortellini; Fresh Fruit
8	**9**	**10**	**11**	**12**
Hawaiian Turkey Meatballs 3 ea over Enriched Whole Grain Rice ¼ c; Two Way Mixed Diced Carrot & Peas Veggies ¼ c Veggie: Veggie Balls w/ Rice Fresh or Chilled Fruit	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Chicken Sausage Patty 1 ea Cucumber Slices 3 ea w/ Ranch Dip; Veggie: Morningstar Breakfast Patty; Fresh Fruit	Kid Fav Whole Grain Creamy Mac n' Cheese ½ c California Blend Mixed Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Grilled Chicken Breast 1 ea w/ Gravy over Creamy Mashed Potatoes ¼ c; Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Veggie Balls w/ Potatoes Fresh or Chilled Fruit	State Fair Whole Grain Turkey Corn Dog 1 ea Hot Cooked Carrot Coins ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit
15	**16**	**17**	**18**	**19**
House-Made Creamy Whole Grain Chicken Penne Alfredo ½ c Hot Green Beans ¼ c Veggie: Whole Grain Penne Alfredo Fresh or Chilled Fruit	Korean BBQ Chicken Strips 2 oz w/ Whole Grain Rice ¼ c Hot Cooked Broccoli ¼ c Veggie: Veggie Korean BBQ Chik Strips Fresh or Chilled Fruit	Whole Grain Chicken & Cheddar Cheese Quesadilla 1ea Sweet Yellow Corn ¼ c Veggie: Cheddar Cheese Quesadilla Fresh or Chilled Fruit	Whole Grain Breaded Chicken Nuggets 4 ea; Fresh Tossed Mixed Salad ¼ c w/ Ranch Dressing; Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Classic Cheesy Whole Grain Baked Ziti ½ c Topped w/ Mozzarella Cheese Hot Mixed Vegetables ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit
22	**23**	**24**	**25**	**26**
Whole Grain Breaded Chicken Tenders 3 ea Hot Diced Carrots ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Whole Grain Breaded Chicken Patty on Whole Grain Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Garden Burger Fresh or Chilled Fruit	Italian Whole Grain Cavatappi Pasta w/ Vegetarian Meatless Sauce ½ c Hot Cooked Broccoli ¼ c Veggie: Cavatappi w/ Marinara Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Chicken Sausage Patty 1 ea Cucumber Slices 3 ea w/ Ranch Dip; Veggie: Morningstar Breakfast Patty; Fresh Fruit	Italian Meatball 3 ea Sub ½ ea Topped w/ Mozzarella Cheese Fresh Tossed Mixed Salad ¼ c w/ Ranch Dressing Veggie: Italian Ball Sub Fresh or Chilled Fruit
29	**30**			
Kid Fav Whole Grain Creamy Mac n' Cheese ½ c California Blend Mixed Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Teriyaki Chicken Strips 2 oz w/ Whole Grain Rice ¼ c Hot Cooked Broccoli ¼ c Veggie: Veggie Teriyaki Chik Strips Fresh or Chilled Fruit	THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS SHG is an equal opportunity provider	Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges	All lunches served with age appropriate milk, either 1% or whole milk. All meals conform to grain requirements of ½ oz equivalent.